

Parent Guidelines for Students With Illness

In an effort to help keep our school community healthy, the district wants to share some reminders:

1. Please do not send your child/children to school with any newly developed symptoms of illness/ COVID-19: (this list is continually being updated by the CDC-Please check their website for updates: [cdc.org](https://www.cdc.org)) ****Please see “Parent Guidelines for Decreasing the Spread of COVID-19”**

- Fever or chills (100F or greater)
- Cough
- Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting, and/or
- Diarrhea

If your child/children has any of these symptoms please not send your children to school, but contact the attendance office in your child’s/children’s school(s) and contact your child’s primary care physician for further directions. **Your child/children will require written clearance from a medical provider and documentation of current negative COVID-19 testing to return to school.**

If your child/children or anyone in your household is diagnosed with Covid-19, please do not send any family member to school, and contact your child’s school nurse. You will be advised by the department of health when your child/children may return to school.

If your family (individuals living together in the same location) is quarantined for any reason, children may not return to the school building until cleared by the health department.

2. If your physician is considering a Strep infection and a throat culture has been taken. Please do not send your child to school until the results are known. If the results are positive, your child must receive at least 24 hours of the antibiotic before returning to school. Written clearance from your child’s/children’s doctor and documentation of current negative COVID-19 testing before returning to school.

4. When your child/children have been diagnosed with an infection (e.g. pneumonia, bronchitis, strep) and your doctor prescribes an antibiotic, they must receive at least 24 hours of the antibiotic before returning to school. Written clearance from your child’s/children’s doctor and documentation of current negative COVID-19 testing will be required before returning to school.

5. If your child/children has red eyes and eye drainage in the morning or complain of one or both eyes itching and/or feeling sore, please keep them home and consult with your physician. If eye medication is prescribed, he/she must receive at least 24 hours of the medication before they return

to school. Written clearance from your child's doctor and documentation of current negative COVID-19 testing will be required before returning to school.

REMEMBER TO TEACH your child that good hand washing is the best way to prevent the spread of disease. Hand washing reduces the spread of disease both to and from the student.

UNTIL FURTHER NOTICE, ALL STUDENTS MUST WEAR FACE COVERINGS ON THE BUS AND IN SCHOOL AND AT ALL SCHOOL RELATED FUNCTIONS.

REMEMBER TO CALL your child's school to report your child's absence each day that they are out of school with an illness. Please report what symptoms your child is exhibiting.

With your help and cooperation we can make the school year a healthier one for your children. As always if you have any question, please feel free to contact your school nurse.