

**YOUR GUIDE  
TO  
MENTAL HEALTH  
&  
ADDICTION SERVICES**



**In And Around Rensselaer County**

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# RENSSELAER COUNTY MENTAL HEALTH SERVICES

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## Rensselaer County Department of Mental Health (RCDMH)

1600 7<sup>th</sup> Ave Troy, NY 12180

Website: [www.rensco.com/departments/mental-health](http://www.rensco.com/departments/mental-health)

Phone: (518) 270-2800 Fax: (518) 270-2723

**Objectives:** To develop and maintain a coordinated integrated continuum of services which permits all individuals to reach their personal potential and live their lives with dignity and independence.

**Services Provided:** See below.

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### Mental Health Children's Clinic (satellite locations throughout the county)

Phone: (518) 270-2800 Fax: (518) 270-2723

**Services Provided:** Individual and group therapy for children and families of Rensselaer County. In addition, we offer psychiatric evaluations and medication management. Children and family services provided at satellite locations throughout Rensselaer County. Contact the Mental Health Clinic for additional satellite information.

**Hours:** Monday-Friday: 8 am – 5 pm with some evening hours available. Crisis Line – 24 hours: (518) 270-2800.

**Target Population:** Ages 5 -21.

**Eligibility Criteria:** Must be a resident of Rensselaer County.

**How to Apply for Services:** Call 518-270-2800 and ask to schedule an intake assessment.

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### Mental Health Adult Clinic

Rensselaer Site- Phone: (518) 463-8869

Hoosick Falls Site- Phone: (518) 686-0694

**Services provided:** Individual and group therapy for Adults. In addition, we offer psychiatric evaluations and medication management.

**Target Population:** Ages 21 and up

**Eligibility Criteria:** Must be a resident of Rensselaer County

**How to Apply for Services:** Call and ask to schedule an intake assessment.

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### Adult Care Coordination Services/ Health Home

**Contact:** Jennifer Lemay, Adult Care Coordination Services Director

Phone: (518) 270-2867 Email: [jlemay@rensco.com](mailto:jlemay@rensco.com)

**Services Provided:** Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transition Care, Patient and Family Support, Referrals to Community and Social Support Services under Capital Region Health Connections Health Homes/SPHP

**Hours:** Monday - Friday: 8 am – 5 pm.

**Target Population:** Adults

**Eligibility Criteria:** Adults: serious mental health condition or HIV/AIDS or two chronic conditions including physical, mental health or substance use disorders. Children: mental health needs.

**How to Apply For Services:** Contact the Adult Care Coordination Services Director or Capital Region Health Connections Health Homes 518-271-3010

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## **Children's Care Coordination Services/Health Home**

**Contact:** Michelle Marte, Children's Care Coordination Services Director

**Phone:** (518) 270-2836 **Email:** [mmarte@renesco.com](mailto:mmarte@renesco.com)

**Services Provided:** Comprehensive Case Management, Care Coordination and Health Promotion, Comprehensive Transition Care, Patient and Family Support, Referrals to Community and Social Support Services under three Health Homes

**Hours:** Monday - Friday: 8 am – 5 pm.

**Target Population:** Children.

**Eligibility Criteria:** Children with serious mental health condition or two chronic conditions including physical, mental health or substance use disorders.

**How to Apply for Services:** Call the Child and Adult Care Coordination Services Director

## **Single Point of Access (SPOA)-Children**

**Contact:** Davia Plusch, Children's Single Point of Access (SPOA) Coordinator

**Phone:** (518) 270-2805 **Fax:** (518) 270-2723 **Email:** [dplusch@renesco.com](mailto:dplusch@renesco.com)

**Services Provided:** Facilitate a Level of Care meeting with the SPOA Team, which is made up of case management representatives and family support agencies, family members and the identified youth, if age appropriate. Determine if case management is appropriate and what level of care would be helpful.

**Hours:** Monday – Friday, 9 am – 5 pm.

**Target Population(s):** Youth with a mental health diagnosis (also having behavioral problems) which is interfering with their success at home, at school or in the community.

**Eligibility Criteria:** Mental health diagnosis.

**How to Apply for Services:** Contact SPOA Coordinator for an application.

## **Single Point of Access (SPOA)-Adults**

**Contact:** Kirstein DonVito, Adult Single Point of Access (SPOA) Coordinator

**Phone:** (518) 270-2829 **Fax:** (518) 270-2723 **Email:** [kdonvito@renesco.com](mailto:kdonvito@renesco.com)

**Services Provided:** The Adult SPOA Program helps connect specially identified applicants to the most appropriate residences and services. The goal is to remove barriers to successful community living for adults with serious mental illness.

**Hours:** Monday -- Friday, 9 am -- 5pm.

**Target Population(s):** Adults with serious mental illness who need assistance accessing residential and community services.

**Eligibility Criteria:** Adults with a serious mental illness.

**How to Apply for Services:** Contact SPOA Coordinator for an application.

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## **MENTAL HEALTH COMMUNITY RESOURCE SATELLITE**

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### **Unity House of Troy- Human Service Agency with a Wide Range of Services**

**2431 6<sup>th</sup> Ave Troy, NY 12180**

**Phone:** (518) 274-6207

**Services Provided:** Unity House's Housing and Support Services Program provides ongoing case management services for adults living with mental illness, people living with HIV/AIDS and/or people with chemical abuse and domestic violence.

**Hours:** Monday-Friday, 8am–4:30pm.

**Target Population(s):** Both young adults and adults with mental illness and chemical abuse.

**Eligibility Criteria:** Mental Illness and/or Chemical Abuse

**How to Apply for Services:** Contact the Housing Support Services Program Director

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### **Whitney Young Health Services**

**920 Lark Street Albany**

**Locations: Albany, Watervliet & Troy**

**Phone:** (518) 465-4771 24

**Services Provided:** Integrated healthcare to address patient's behavioral health and physical health care needs.

**Hours:** Monday & Thursday 8am-6pm, Tuesday 8am-7:30pm, Wednesday 8am-5:30pm, Friday 8am-5pm

**Target Population(s):** Call to confirm

**Eligibility Criteria:** behavioral health and physical health care needs.

**How to Apply for Services:** Contact the office

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### **Samaritan Hospital-Inpatient/Outpatient/Crisis Psychiatric Services (St. Peter's Health Partners)**

**2215 Burdett Ave Troy, NY 12180**

**Phone:** (518) 271-3300 **Website:** <http://www.sphp.com/behavioral-health-sam>

**Services Provided:** acute inpatient psychiatric care, outpatient psychiatric services offered, Emergency Room/ Crisis Unit

**Hours:** Monday-Friday, 9am-4pm, with additional evening hours (Outpatient), Crisis Unit 24 hours through the Emergency Room.

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### **Four Winds Hospitals**

**30 Crescent Ave Saratoga Springs, NY 12866**

**Phone:** (518) 584-3600 **Website:** [www.fourwindshospital.com](http://www.fourwindshospital.com)

**Services Provided:** Inpatient and outpatient mental health services for children (age 5+), adolescents, and adults. Depending on insurance

**Hours:** Referrals can be made 24/7.

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### **Northern Rivers: Parsons Child and Family Center**

**Mobile Crisis Team for Children**

**Phone:** Referrals are made through gate keepers call RCDMH @ (518) 270-2800

**Website:** [https://parsonscenter.org/images/Mobile\\_Crisis\\_Response\\_Services.pdf](https://parsonscenter.org/images/Mobile_Crisis_Response_Services.pdf)

**Services Provided:** Phone assessments and consultation; on-site face to face mental health assessments; referrals to available services; follow up from psychiatric hospitalizations; wellness calls and visits when someone is concerned

**Hours:** Weekdays 11am-9pm

**Target Population:** Children who appear to be in a mental health crisis situation.

**Eligibility Criteria:** Resident of Rensselaer County

**How to Apply for Services:** Call phone number provided above. Anonymous calls accepted.  
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### **Mobile Crisis Team for Adults**

**Phone:** Referrals are made through gate keepers call Samaritan Hospital @ (518) 271-3540

**Website:** [https://parsonscenter.org/images/Mobile\\_Crisis\\_Response\\_Services.pdf](https://parsonscenter.org/images/Mobile_Crisis_Response_Services.pdf)

**Services Provided:** Resident of Rensselaer County. Phone assessments and consultation; on-site face to face mental health assessments; referrals to available services; follow up from psychiatric hospitalizations; wellness calls and visits when someone is concerned

**Hours:** Monday-Friday 12am-9pm

**Target Population:** Adults who appear to be in a mental health crisis situation.

**How to Apply for Services:** Call phone number provided above.

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## **National Alliance on Mental Illness (NAMI)-Rensselaer County**

**West Sand Lake NY 12196**

**Phone:** (518) 588-6949

**Website:** <https://namirensco.org/>

**Contact:** Marybeth Honsing, President

**Email:** [mbhonsing@aol.com](mailto:mbhonsing@aol.com)

**Facebook:** NAMI Rensselaer County, NY

**Local Meetings:** See webpage for list of meetings.

**Services Provided:** Education and support for families and individuals affected by mental illness in Columbia County. Advocacy at the family, county, and state level for proper treatment of those with mental illness.

**Hours of Operation:** Check website for local meetings and events.

**Target Population:** Individuals and families in Rensselaer County affected by mental illness.

**How to Apply for Services:** Contact President for more information.

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## **Rensselaer County Private Practitioners with Mental Health Specialty:**

Please Contact **Jennifer Haggerty**, LMSW- Rensselaer County Department of Mental Health (518)270-2841.

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## **Ellis Medicine**

**1101 Nott Street Schenectady NY 12308**

**Crisis/Inpatient Services-** (518)243.4000

**Outpatient Mental Health Services** – (518)243.3300

**Website:** <http://www.ellismedicine.org/services/mental-health.aspx>

**Services Provided:** Inpatient, crisis intervention, adolescent treatment center, outpatient mental health clinic, personalized recovery oriented services, peer advocacy program and case management and family support.

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## **RENSSELAER COUNTY ADDICTION SERVICES SUPPORT GROUPS**

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### **Hudson Mohawk Recovery Center- Elizabeth's House for Women**

**106-108 9<sup>th</sup> Street Troy NY 12182**

**Phone:** (518) 272-0206

**Website:** <http://www.hmrecovery.net/main/residential.htm>

**Services Provided:** Elizabeth's House is a 14 bed community residence for women age 18 and older who are seeking recovery from alcohol and other drugs. Residents will stay at Elizabeth's House for an average of 6-12 months in an effort to gain the independent living skills necessary to begin living a sober life style. The variable length of stay is designed so that we can tailor each resident's program to meet her individual treatment needs.

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### **820 Supportive Living - Halfway House**

**820 River Street Troy, NY 12180**

**Phone:** (518) 272-4246 **Website:** <https://www.rehab.com/820-river-street-halfway-house-community-residence/5512684-r>

**Services Provided:** Sober Living Home, Transitional Living, Halfway House, SLE, and other Recovery related services. Recovery Related Services, Sober Living Environment

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### **Pahl House Residential Chemical**

**106-108 9<sup>th</sup> Street Troy, NY 12180**

**Phone:** (518) 272-0206

**Website:** [http://soberliving.interventionamerica.org/listing.cfm?Drug\\_Rehab\\_ID=8352&Ph](http://soberliving.interventionamerica.org/listing.cfm?Drug_Rehab_ID=8352&Ph)  
**Services Provided:** Sober Living Home, Transitional Living, Halfway House, SLE, and other Recovery related services. Recovery Related Services, Sober Living Environment.

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### **Al-Anon Family Groups**

**Website:** [www.al-anon.org](http://www.al-anon.org)      **Email:** [wso@al-anon.org](mailto:wso@al-anon.org)

**Local Meeting:** <http://al-anon.info/MeetingSearch/Al-AnonMeetings.aspx?language=EN>

**Services Provided:** Provide understanding and support to friends and families of problem drinkers.

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### **Alcoholics Anonymous**

**Capital District Central Office:** (518) 463-0906

**Website:** [www.aa.org](http://www.aa.org)

**Local Meetings:** <http://meetings.aahmbny.org/index.php>

**Services Provided:** Alcoholics Anonymous is a fellowship of men and women who have had a drinking problem. It is nonprofessional, self-supporting, multiracial, apolitical, and available almost everywhere. There are no age or education requirements. Membership is open to anyone who wants to do something about his or her drinking problem.

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### **Conifer Park**

#### **Troy Outpatient Clinic**

**2435 6<sup>th</sup> Avenue Troy, NY 12180**

**Phone:** (518) 274-5143    **Fax:** (518) 273-1350

**Website:** [www.coniferpark.com](http://www.coniferpark.com)

**Services Provided:** Conifer Park offers outpatient treatment at six clinics which operate under licenses granted by New York State OASAS. Outpatient centers offer a full array of services which include both gender-specific, teen programming, and Medication assisted treatment. Each outpatient site offers psychiatric services to facilitate a well-integrated recovery program for clients. These clinics provide a continuum of treatment for clients making the transition home from inpatient treatment or who are seeking support on an as-needed basis.

#### **Inpatient Services-**

**79 Glenridge Road Glenville, NY 12302**

**Phone:** 1-800-989-6446

**Website:** [www.coniferpark.com](http://www.coniferpark.com)

**Services Provided:** Medical detox and crisis intervention services. Inpatient rehab programs (separate women's program as well). Outpatient services offered at six clinics: Schenectady, Troy, Glens Falls, Rochester, Syracuse, and Plattsburgh. Adolescent program available at Arms Acres location ([www.armsacres.com](http://www.armsacres.com)).

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### **Friends of Recovery-NY (FOR-NY) - Rensselaer Chapter**

**Jennifer Wilks, Organizer**

**1838 Fifth Avenue Troy, New York 12180**

**Phone:** (518) 328-4999

**Website:** [www.for-ny.org/blog/recovery\\_communities/friends-recovery-rensselaer-renss/](http://www.for-ny.org/blog/recovery_communities/friends-recovery-rensselaer-renss/)

**Email:** [recoveringinrenss@gmail.com](mailto:recoveringinrenss@gmail.com)

**Services Provided:** Friends of Recovery – New York (FOR-NY) is a statewide Recovery Community Organization (RCO) working on behalf of thousands of individuals and families in New York to educate decision makers and the public about addiction recovery. We are dedicated to ending discrimination and removing barriers to treatment, housing, and

employment; and we support the expansion of recovery support services for individuals and families.

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**Friends of Recovery-NY (FOR-NY) - Albany Chapter**

**1529 Western Ave Albany, NY 12203**

**Phone:** (518) 487-4395

**Website:** [www.for-ny.org](http://www.for-ny.org)

**Email:** [familyrecovery@for-ny.org](mailto:familyrecovery@for-ny.org)

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**Hudson Mohawk Recovery Center**

**Troy Location-** 1724 Fifth Avenue Troy, NY 12180

**Phone:** (518)272-3918

**East Greenbush Location -** 743 Columbia Turnpike East Greenbush, NY 12061

**Phone:** (518) 477-7535

**Website:** [www.hmrecovery.net](http://www.hmrecovery.net)

**Services Provided:** Offers a continuum of care, including both outpatient and residential programs. Outpatient services offered at Troy, Hoosick Falls, and East Greenbush sites. Outpatient intensive evening and intensive day programs available in Troy. Outpatient services for adolescents offered at all three sites. Residential services offered for men and women.

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**Nar-Anon Family Support Meetings**

**Website:** <http://www.nar-anon.org>      **Email:** [wso@nar-anon.org](mailto:wso@nar-anon.org)

**Local Meetings:** Chatham (Wed at 7pm, Christ Emmanuel Lutheran Church, 19 Park Row, Chatham, NY 12037); meetings in Capital Region also.

**Contact:** Lori Antonson (518) 858-6124

**Services Provided:** The Nar-Anon Family Groups are a worldwide fellowship for those affected by someone else's addiction. As a twelve step program, we offer our help by sharing our experience, strength, and hope.

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**Narcotics Anonymous**

**Phone:** ABCD Regional Helpline

**Phone:** (888) 399-5519

**Website:** [www.na.org](http://www.na.org)

**Local Meetings:** <http://abcdrna.org/list-search/>

**Services Provided:** NA offers recovery from the effects of addiction through working a 12-step program, including regular attendance at group meetings. Group meetings provide help from peers and offer an ongoing support network for addicts who wish to reach and maintain a drug-free lifestyle.

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**Rensselaer County Department of Mental Health- Substance Abuse Prevention and Recovery Services**

**1600 7<sup>th</sup> Ave Troy, NY 12180**

**Webpage:** [www.rensco.com/departments/mental-health/student-assistance-program](http://www.rensco.com/departments/mental-health/student-assistance-program)

**Phone:** (518) 270-2841 –**Jen Haggerty, LMSW**      **Email:** [jhaggerty@rensco.com](mailto:jhaggerty@rensco.com)

**Substance Abuse Prevention**

**Services Provided:** School and Community Based; Providers deliver a wide range of services including evidence-based education programs, prevention counseling and referrals, skills development workshops, training sessions for parents, teachers, and other professionals, positive alternative activities for youth and policy change and enforcement efforts to reduce drug and alcohol use.

**Location:** Averill Park CSD, Berlin CSD, East Greenbush CSD, Lansingburgh CSD, Rensselaer CSD, Troy CSD.

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### **Peer Engagement Specialist**

**Phone: Office-** (518)270-2857 **Cell-** (518-925-8067) - **Jesse Chapman** (CRPA) - Certified Recovery Peer Advocate)

**Email:** [jchapman@renesco.com](mailto:jchapman@renesco.com)

**Recovery Services Provided:** Provide support, encouragement and guidance in finding appropriate services to persons misusing substances and/or who are in recovery. The Peer Engagement Specialist develops brief service plans and provides referrals and linkages to needed services/supports. Peer Engagement Specialists are in Recovery, they have personal experience and expertise in addiction services. They tend to be especially effective with outreach and engagement of people who are struggling with recovery and/or have been reluctant to participate in services.

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### **St. Mary's Hospital Addiction Services (St. Peter's Health Partners)**

**1300 Massachusetts Ave Troy, NY 12180**

**Phone:** (518)268-5542

**Detox:** (518) 268-5005

**Website:** [www.sphp.com/addiction-smh](http://www.sphp.com/addiction-smh)

#### **Inpatient Rehabilitation and Outpatient Detoxification Program**

**Services Provided:** St. Mary's offers both inpatient and outpatient substance abuse services for adults, including Outpatient Detoxification for opiate dependence and a structured inpatient rehabilitation program.

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### **Upstate Physicians**

**300 4<sup>th</sup> Street Troy NY 12180**

**Phone:** (518) 687-1960

**Website:** <https://www.southtroymedical.com/new-haven>

**Services Provided:** New Haven is a non-intensive outpatient addiction treatment program with medication assisted treatment. Insurances we are currently accepting: Fidelis Care NY, CDPHP, and Medicaid/Medicare NY.

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### **NYS Office of Alcoholism and Substance Abuse Services (OASAS)**

**1450 Western Ave Albany, NY 12203-3526**

**Phone:** (518) 473-3460

**Website:** [www.oasas.ny.gov](http://www.oasas.ny.gov)

**Services Provided:** Oversees state-run treatment centers. Provides guidance, oversight, advocacy for persons affected by alcohol and/or substance use.

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### **OASAS HopeLine**

**Phone:** (877) 8HOPENY or (877)-846-7369

**Services Provided:** Offering help and hope 24 hours a day, 365 days a year for alcoholism, drug abuse and problem gambling. Crisis and motivational interviewing for callers in need; referrals to more than 1,500 local prevention and treatment providers; 48-hour call-back to... those who wish to be contacted; multi-lingual. All calls are confidential.

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### **OASAS Bed Availability Dashboard**

**Website:** <https://bi1.oasas.ny.gov/analytics/saw.dll?Dashboard>

**Purpose:** Search bed availability using a single criteria or any combination of county, city, organization, gender and age group. Residential only, not outpatient.



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### **OASAS Provider Directory Search**

**Website:** [https://www.oasas.ny.gov/providerDirectory/index.cfm?search\\_type=2](https://www.oasas.ny.gov/providerDirectory/index.cfm?search_type=2)

**Purpose:** Online database of all Certified Providers, searchable by Region, County, Zip Code and Program Type.

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### **OASAS Regional Field Office Staff**

**Website:** [www.oasas.ny.gov/pio/regdir.cfm](http://www.oasas.ny.gov/pio/regdir.cfm)

**Purpose:** Directory of 11 OASAS Field Staff Offices, including contact information and address.

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### **State-Operated Addiction Treatment Centers (ATCs)**

**Website:** <https://www.oasas.ny.gov/atc/index.cfm>

**Purpose:** Admission Criteria, full list of 12 ATC's, including address, list/link to catchment area map and contact info.

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### **Level of Care for Alcohol and Drug Treatment Referral**

**Website:** <https://www.oasas.ny.gov/treatment/health/locadtr/index.cfm>

**Purpose:** Web-based tool used by substance abuse treatment providers, Medicaid Managed Care plans, and other referral sources to determine the most appropriate level of care for a client with a substance use disorder.

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### **OASAS Guide to Accessing Treatment for Individuals & Families Seeking Support**

**Website:** <https://www.oasas.ny.gov/treatment/index.cfm>

**Purpose:** View 10 brief educational videos below that provide general information about navigating the substance use disorder system of care. This video series describes the types of substance use disorder treatment services available and answers common questions individuals and families may have about treatment and recover.

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## **PEER SUPPORT GROUPS**

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### **Smart Recovery**

**Website:** [www.smartrecovery.org](http://www.smartrecovery.org)

Local meetings in Rensselaer County (Weds. night) and Albany County (Thurs. night), SMART stands for Self-Management and Recovery Training and is a cognitive behavioral approach to recovery.

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### **Gamblers Anonymous**

**Website:** [www.gamblersanonymous.org](http://www.gamblersanonymous.org)

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### **Gam-Anon**

Support group for friends and family members of individuals with gambling disorder  
[www.gam-anon.org](http://www.gam-anon.org)

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### **Heroin Anonymous**

**Hotline:** (518) 227 0294

**Website:** [heroinanonymousnycd.org](http://heroinanonymousnycd.org)

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## **Celebrate Recovery**

A Christian, faith-based approach to recovery.

**Contact:** Jennifer Wilks (518) 894 3941

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## **Refuge Recovery**

A Buddhist approach to recovery, meetings Wednesday nights in Albany

**Website:** [www.refugerecovery.org](http://www.refugerecovery.org)

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## **ADDICTION SERVICES OUTSIDE OF RENSSELAER COUNTY**

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### **Belvedere Addiction Services**

**1 Van Tromp Street Albany, NY 12207**

**Phone:** (518) 694-9400 **Website:** <http://www.belvederehealthservices.com/belvedere-addiction-services>

**Services Provided:** We provide outpatient addiction treatment for adults 18+ with alcohol and drug addiction, impaired driving history, behavioral challenges, specialty program for adults with cognitive challenges, such as post-traumatic stress disorder (PTSD), multiple sclerosis (MS), learning disabilities, including intellectual disabilities (ID) and Alzheimer's disease. Belvedere addiction services have addiction programs for a wide range of issues and combinations of issues, including: opioid addiction treatment, heroin addiction treatment, alcohol addiction, medication-assisted treatment including Suboxone and Vivitrol, individual treatment, group therapy, and treatment for drivers charged with DWI/DWAI

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### **St. Peter's Addiction Recovery**

**64 Second Ave Albany, NY 12202**

**Phone:** (518) 449-5170

**Website:** <http://www.sphcs.org/outpatientrehabilitation>

**Services Provided:** SPARC outpatient clinics provide care for persons and families experiencing drug and alcohol problems. We also include complicating medical, psychiatric, family and other issues in our treatment processes.

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### **Addictions Care Center of Albany (ACCA)**

**90 McCarty Ave Albany NY 12202**

**Phone:** (518) 465-5470 **Website:** [www.theacca.net](http://www.theacca.net)

**Services Provided:** Outpatient services offered including day rehab, a medically-supervised outpatient program, and an evening program (1044 Broadway Ave., Albany. 434-2367). Community residences offered for men and women who are in early to later stages of recovery (434-8083).

**Family Navigator Program-** Offering family support navigation services that focus on family issues resulting from addiction. Contact Nicole Charbonneau at (518) 465-5829 x416 or [ncharbonneau@theacca.net](mailto:ncharbonneau@theacca.net)

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### **Capital City Rescue Mission**

**259 S. Pearl Street Albany NY 12202**

**Phone:** (518) 462-0459 **Website:** <http://www.capitalcityrescuemission.com>

**Services Provided:** Free shelter, clothing, food (3 meals/day, 365 days/yr), clothing provided to residents in need. Addiction recovery program as well. Residents who participate in addiction recovery program are sheltered 9 months - 1 year.

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### **Conifer Park**

**79 Glenridge Road Glenville NY 12302**

**Phone:** 1-800-989-6446 **Website:** [www.coniferpark.com/](http://www.coniferpark.com/)

**Services Provided:** Medical detox and crisis intervention services. Inpatient rehab programs (separate women's program as well). Outpatient services offered at six clinics: Schenectady, Troy, Glens Falls, Rochester, Syracuse, and Plattsburgh. Adolescent program available at Arms Acres location ([www.armsacres.com](http://www.armsacres.com)).

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### **Cornerstone of Rhinebeck**

**91 Serenity Hill Road Rhinebeck NY 12572**

**Phone:** (845) 266-3481 **Website:** [www.cornerstoneny.com](http://www.cornerstoneny.com)

**Services Provided:** Cornerstone offers Inpatient rehab and medical detox. 24 inpatient units that operate 24/7.

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### **Alliance for Positive Health**

**927 Broadway, Albany NY 12207**

**Phone:** (518) 434-468 **Website:** <http://www.allianceforpositivehealth.org/programservices/>

**Services Provided:** Mental Health Education and Substance Abuse Outreach and Referral Services

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### **Camino Nuevo-Substance Abuse/Rehabilitation**

**175 Central Ave, Albany NY 12206**

**Phone:** (518) 729-56559 **Website:** <http://www.acacianetwork.org>

Contact **Mickey Jimenez** for information [Mjimenez@promesa.org](mailto:Mjimenez@promesa.org)

**Services Provided:** Outpatient treatment and substance abuse counseling, Methadone and Suboxone

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### **Mohawk Opportunities**

**201 Nott Terrace Schenectady NY 12307**

**Phone:** (518)374-8424 **Website:** <http://www.mohawkopportunities.org/programs.html>

**Services Provided:** Offers mental health services and housing

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### **Capital Care Integrated Behavioral Health**

**2125 River Road, Suite 303 Niskayuna, NY 12309**

**Phone:** (518) 452-1337 **Website:** [http://www.capcare.com/about/Our-Services\\_76\\_ph.htm](http://www.capcare.com/about/Our-Services_76_ph.htm)

**Services Provided:** Drug Abuse and Addiction

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### **Hometown Health**

**1044 State Street Schenectady 12303**

**Phone:** (518) 370-1441

**Website:** <http://www.hometownhealthcenters.org/services/behavioral>

**Services Provided:** Our Behavioral Health Services team offers counselling for many common illnesses, such as Depression, Anxiety, ADHD, and Post-Traumatic Stress.

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### **Adirondack Health Institute**

**101 Ridge St, Glens Falls 12801**

**Phone:** (518) 480-0111 **Website:** <http://www.ahihealth.org/healthhome/>

**Services Provided:** AHI is a New York State-designated lead Health Home and serves all ages. A Health Home is not a place; it is a care management service that connects community

and social supports with health care, and provides better organization of medical and behavioral health care. A Health Home ensures all caregivers involved with a person talk to one another so they can focus on their client's needs.

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### **Albany Medical Center**

**47 New Scotland Ave Albany 12208**

**Phone-** (518) 262-3125

**Website**[http://www.amc.edu/patient/services/childrens\\_hospital/pediatric\\_behavioral\\_health/contact\\_directions.cfm](http://www.amc.edu/patient/services/childrens_hospital/pediatric_behavioral_health/contact_directions.cfm)

**Services Provided:** Albany Medical Center's developmental and behavioral health program is a part of the Pediatric Group.

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### **Saratoga Center for Family**

**359 Ballston Ave Saratoga Springs 12866**

**Phone:** (518) 587-8241 **Website:** <http://www.saratogacff.org/mental-health-services/>

**Services Provided:** Saratoga Center for the Family offers individual and group counseling for children, families and adults at our agency office in Saratoga Springs and through our Student Empowerment Services at Shenendehowa Central Schools and South Glens Falls Schools.

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### **Health Alliance of the Hudson Valley (Benedictine Hospital)**

**105 Mary's Avenue, Kingston, NY 12401**

**Phone:** (845) 338-2500 **Website:** [www.hahv.org/find-care/services/addiction-recovery/](http://www.hahv.org/find-care/services/addiction-recovery/)

**Services Provided:** Medical Detox, Inpatient Addiction Treatment Program, and Inpatient Rehab offered in a hospital setting. Outpatient treatment offered at Bridge Back of Kingston (Benedictine) Hospital in two locations: Kingston and Saugerties (845-943-6091).

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### **Hope House, Inc.**

**573 Livingston Ave Albany, NY 12206**

**Phone:** (518) 482-4673 **Website:** [www.hopehouseinc.org](http://www.hopehouseinc.org)

**Services Provided:** Bette Center is a 35-bed, co-ed, long-term residential intensive treatment program (261 N. Pearl St., Albany. 465-2441). Hubbard Centers are clinically-intensive residential communities for adolescents age 13-21 (573 Livingston Ave., Albany. 452-0001 (boys). 486-8965 (co-ed)). Outpatient services located at 747 Madison Ave., Albany (427-8207). Women and children's supportive 'halfway house' located at 890 Madison Ave., Albany (453-8351).

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### **McPike Addiction Treatment Center**

**1213 Court Street Utica, NY 13502**

**Phone:** (315) 738-4600 **Website:** [www.oasas.ny.gov/atc/mcpike/general.cfm](http://www.oasas.ny.gov/atc/mcpike/general.cfm)

**Services Provided:** A 68-bed, NYS-operated inpatient facility providing a proven individualized program of recovery for adult men and women who have a chemical addiction. Serves 16 counties, including Columbia and Greene.

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### **Mid-Hudson Addiction Recovery Centers, Inc. (MARC)**

**51 Cannon Street Poughkeepsie, NY 12601**

**Phone:** (845) 452-8816 **Website:** [www.marc.us.com](http://www.marc.us.com)

**Services Provided:** Crisis Center offers inpatient non-medical detox. Bolger House is a 24-bed men's residence. Florence Manor is a 24-bed female residence. Dowling House is a co-ed, 12-bed, supported housing environment.

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### **New Choices Recovery Center**

**302 State Street Schenectady, NY 12305**

**Phone:** (518) 346-4436 **Website:** [www.newchoicesrecovery.org](http://www.newchoicesrecovery.org)

**Services Provided:** Outpatient and residential services provided.

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### **Richard C. Ward Addiction Treatment Center**

**117 Seward St., Suites 12-16, Middletown, NY 10940**

**Phone:** (845) 341-2500 **Website:** [www.addicted/org/directory/item/rc-ward-addiction-treatment-center-inpatient-rehabilitation-unit.html](http://www.addicted/org/directory/item/rc-ward-addiction-treatment-center-inpatient-rehabilitation-unit.html)

**Services Provided:** A 60- bed, NYS-operated, inpatient facility offering innovative treatment and services to aid in the recovery of addicts and their families. Ward ATC offers Acupuncture Services, a Specialized Women's Track, Dual Recovery Groups, and a new creative arts program called Innervisions to help addicts express feelings in healthy ways. Serves a 10-county area including Columbia and Greene.

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### **Samaritan Daytop Village**

**Administrative Headquarters: 138-02 Queens Blvd., Briarwood.**

**Phone:** (718) 206-2000 or 1-800-532-HELP (4357) **Website:** [www.samaritanvillage.org](http://www.samaritanvillage.org)

**Services Provided:** In late 2015, Daytop Village, Inc merged with Samaritan Village. All levels of care provided. Long term residential treatment programs in Ellenville and Rhinebeck.

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### **St. Joseph's Addiction Treatment Center**

**91 Woodruff Street Saranac Lake, 12983**

**Phone:** (518) 891-3950 or (877) 813-8647 **Website:** <http://www.stjoestreatment.org>

**Services Provided:** Inpatient and outpatient treatment and aftercare services offered to men, women, teens and their families, veterans in several locations in NYS.

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### **St. Mary's Healthcare Addiction Services**

**427 Guy Park Avenue Amsterdam, NY 12010**

**Phone:** (518) 841-7325 **Website:** [www.smha.org/our-doctors/addiction-services](http://www.smha.org/our-doctors/addiction-services)

**Services Provided:** Medical alcohol detox provided at St. Mary's hospital in Amsterdam. 24/7 crisis hotline (842-9111). Inpatient rehab (St. Joseph's Hall) at St. Mary's hospital location (841-7325). Opioid treatment, including Methadone Maintenance Treatment Program (843-4410). Outpatient clinic services including services for dually diagnosed (843-4410). Evening rehab offer intensive alcoholism treatment four evenings/week, allowing a person in treatment to maintain employment (843-4410).

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### **St. Peter's Addiction Recovery Center (SPARC)**

**3 Mercycare Lane Guilderland, NY 12084**

**Phone:** (518) 452-6700 **Website:** [www.sphcs.org/addictionrecoverysparc](http://www.sphcs.org/addictionrecoverysparc)

**Services Provided:** Medical detox offered at St. Peter's hospital in Albany. Outpatient services available for those ages 18+ in six facilities (located in Albany, Schenectady and Saratoga counties). Inpatient treatment available at Guilderland location. SPARC also operates a men's community residence in Albany County. Adolescents (age 13-18) can seek treatment at one of four different outpatient facilities (Latham, Cohoes, Saratoga Springs, Schenectady).

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## **Mental Health Association of Columbia- Greene Counties**

### **Youth Clubhouse**

**Hudson Site: 802 Columbia St., Suite 2. Catskill Site: 445 Main St.**

**Phone:** (518) 567-7771

**Website:** [www.mhacg.org/services/children-families/](http://www.mhacg.org/services/children-families/)

**Contact:** Kai Hillman, Director **Email:** [khillman@mhacg.org](mailto:khillman@mhacg.org)

**Facebook:** Youth Clubhouse of Columbia-Greene Counties

**Services Provided:** The Clubhouses provide a safe, supportive, alcohol and drug free environment for its members. Peer driven activities will promote health, wellness, and long-term recovery. (I.e. Recreation, Pro-social activities, health and wellness, educational/employment support, recovery/peer support, evidenced based programming, skill building, and family engagement).

**Hours:** Thurs 3-9pm, Fri/Sat 3-10pm (Days and hours subject to change)

**Target Population:** Clubhouses welcome all youth 12-17 and young adults 18-21 in recovery from drugs or alcohol, or at risk of developing a substance use disorder.

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## **Catholic Charities of Columbia and Greene Counties**

**Columbia Co.: 431 East Allen Street, Hudson, NY 12534**

**Phone:** (518) 828-8660

**Greene Co.: 66 William Street, Catskill, NY 12414**

**Phone:** (518) 943-1462 **Fax:** (518) 828-4016

**Email:** [info@cathcharcg.org](mailto:info@cathcharcg.org)

**Website:** [www.catholiccharitiescg.org](http://www.catholiccharitiescg.org)

**Services Provided:** Alcohol and Substance Use Prevention Program (school-based); provide information and referral services.

**Hours:** Monday, Tuesday, Thursday, and Friday, 8:30 am - 4 pm; Wednesday, 11 am – 7 pm; other hours vary by program.

**Target Populations:** Poor and vulnerable children and families.

**Eligibility Criteria:** Varies by Program.

**How to Apply for Services:** Call 828-8660.

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## **Chatham Cares 4 U Outreach Initiative Program**

### **Chatham Police Department**

**Village Hall, 77 Main St., Chatham, NY 12037**

**Phone:** 877-467-3365

**Services Provided:** In partnership with the Police Assisted Addiction Recovery Initiative, Chatham Cares 4 U encourages residents struggling with substance use to walk into the police station, turn over their drugs and ask for help. Instead of being charged, individuals will be placed into a drug treatment program regardless of financial means and/or insurance coverage. Participants will be assigned a volunteer to assist and guide them throughout the recovery process.

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## **Columbia County Community Healthcare Consortium**

**325 Columbia St., Suite 200, Hudson, NY 12534**

**Phone:** (518) 822-8820

**Website:** [www.columbiahealthnet.org](http://www.columbiahealthnet.org)

**Services Provided:** The Healthcare Consortium helps residents in Columbia and Greene Counties to get and stay healthy by increasing their access to healthcare services. Services include: Assistance enrolling in health insurance, including Medicaid, Child Health Plus and the Essential Plans, help getting low or no –cost prescription medications; information about

long-term services and supports; and, non-emergency medical transportation (Columbia County residents only).

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### **Columbia County Pathways to Recovery**

**PO Box 486, Chatham, NY 12037**

**Phone: (518) 966-2775**

**Email: [columbiapathwaystorecovery@gmail.com](mailto:columbiapathwaystorecovery@gmail.com)**

**Website: [www.columbiapathwaystorecovery.org](http://www.columbiapathwaystorecovery.org)**

**Services Provided:** CPR is a Recovery Community Organization (RCO), a grassroots group responding to the need for education, awareness, advocacy and change in regard to addiction in Columbia County. Monthly meetings are open to the public and geared towards finding and increasing pathways to recovery.

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### **Councils on Addiction of New York State (CANYS)**

**Columbia/Greene Council: Twin County Recovery Services**

**350 Power Ave., Hudson, NY 12534**

**Phone: (518) 751-2083**

**Website: [www.canys.net/councils.htm](http://www.canys.net/councils.htm) Email: [BethS@twincountyrecoveryervices.org](mailto:BethS@twincountyrecoveryervices.org)**

**Services Provided:** CANYS is an organization of prevention, education, treatment and intervention agencies throughout NYS that meets to address concerns and issues that affect residents of NYS.

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### **Twin County Recovery Services, Inc.**

**350 Power Avenue; PO Box 635**

**Hudson, NY 12534. 428 W. Main St. Catskill, NY 12414**

**Phone: (518) 751-2083 ext. 320 Fax: (518) 751-2086**

**Website: [www.twincountyrecoveryervices.org](http://www.twincountyrecoveryervices.org)**

**Services provided:** Outpatient clinics (addiction medications, including Vivitrol and Suboxone prescribed), community residences, community prevention, Drinking Driver Program, Jail Addiction Counseling Services (at Columbia County Jail).

**Hours:** Vary depending on program. Outpatient: Monday – Friday, 8 am – 7 pm.

**Target Population:** Individuals with alcohol and substance abuse problems.

**Eligibility Criteria:** Diagnostic.

**How to Apply for Services:** Call or stop in

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## **NARCAN (NALOXONE)**

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Naloxone is an emergency medicine that can stop an opioid overdose

### **N-CAP**

The N-CAP co-payment reimbursement process is open to any valid prescription or standing order for anyone with prescription coverage. There are no enrollment requirements for individuals. If you have insurance you can use N-CAP to cover up to \$40 in prescription co-payments so there are no or lower out-of-pocket expenses when getting naloxone at a participating pharmacy.

### **Rensselaer County Department of Health**

Rensselaer County Department of Health offers free training on heroin/opioid overdose prevention. Registration is required! You will receive a card of completion when you are finished and will go home with an overdose kit. We offer to everyone in the public with or without insurance. We hold trainings in the county building once a month and at St. Mary's

hospital once a month. We also will go to community organizations and hold trainings for 10 or more people. Please contact Kelsey at **(518) 270-2651** or by email [Ksargood@rensco.com](mailto:Ksargood@rensco.com)

## **Project Safe Point**

These trainings are open to the general public; learn the signs and symptoms of Heroin and Opioid overdose. Learn how to use Intramuscular Naloxone to respond to an overdose. Each individual will receive a Naloxone kit as part of the training and the training is Free and will be completed in one hour. Any questions contact Luke Grandis, Project Safe Point Program Coordinator: [Lukeg@ccalbany.org](mailto:Lukeg@ccalbany.org) or **518-449-3581 EXT. 136**

## **TRANSPORTATION**

**A+ Medi Transportation**  
**23 Railroad Ave Albany. NY**  
**Phone: (518) 433-7433**

**Action Transportation**  
**Schenectady**  
**Phone: (518) 649-3366**

**ASAP Medical Cab**  
**123<sup>rd</sup> Street Troy NY**  
**Phone- (518) 237-2727**

**Capital District Med Transport**  
**203 Spruce Street Albany, NY**  
**Phone- (518)433-1600**

**Empire Taxi**  
**1<sup>st</sup> Street Rensselaer NY**  
**Phone: (518) 605-8490**

## **TAXI SERVICE'S**

**Black And White**  
**415 Fulton Street Troy, NY**  
**Phone: (518) 272-6961**

**Capitaland**  
**159 4<sup>th</sup> Street Troy, NY**  
**Phone: (518) 270-8294**

**Capitaland (Albany)**  
**21 Essex Street Albany, NY**  
**Phone: (518) 456-8294**

**Lyft**  
**Website: [www.lyft.com](http://www.lyft.com)**  
Create an account online

**Uber**  
**Website: [www.uber.com](http://www.uber.com)**  
Create an account online

*This guide is in collaboration with the Rensselaer County Heroin Coalition and Carl Quinn from Columbia County Pathways to Recovery. Suggestions for updates and additions can be submitted to Taylor Welch at any time by email [Twelch@rensco.com](mailto:Twelch@rensco.com) Thank you to Jennifer Haggerty and Jesse Chapman of The Mental Health Department, Taylor Welch of The Public Health Department, and the members of the Rensselaer County Heroin Coalition for their contributions to this document.*